



Movie Therapy Continuing Professional Development Course

The medium of film offers us a unique insight into our internal and external world

What is included in the course?

This course will run over four dates and for 3 hours on each occasion. There are two available sets of dates, all Monday evenings, 6:15pm to 9:15pm, in a central Hebden Bridge location;

June 2018, 18,25, July 2 and 9

Jul 2018, 16, 23, 30 and August 6.

Each course is limited to 6 participants

We will explore the role of the therapist through viewing a series of movies, followed by group discussion. The aim of the discussion is to reflect on the film and also on our own practice

The movies will include issues concerning:

The beginnings of what is now referred to as 'Talking Therapies',

The grieving therapist,

The therapist who treats a loved one, and,

The life of the therapist inside and outside the therapy room

All of the films contain adult themes.

This course is aimed at psychotherapists, psychologists, counsellors, and CBT therapists.

The cost of the full course is £100. This will include CPD attendance certificates and choice of hot/cold drinks

The course will be facilitated by:

Deborah Wilson Counsellor (MBACP)

Registered Mental Health Nurse

MA Psychoanalytic Studies (Merit)

To book a place and/or discuss further contact Debbie

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